Take a new file of 400 pixels, 400 pixels, of resolution 72 dpi in the RGB mode.



[2] Take the Lasso Tool.



[3] Make a new layer, then create a shape with the help of Lasso Tool.
Fill the selection with White color.





[4] After that go to Filter>Blur>Gaussian Blur apply the following settings.



[5] You get the result something like this.



[6] Take the Smudge Tool give the properties like me.





[7] Using the Smudge Tool like me.

 GO TO <SELECT> THEN <DESELECT>



[8] Go to Image>Adjustment>Color Balance.







[9] You get the result like this.



[10] This is my final result.

