**Jensen Speed Text Tutorial**

**Step One:** Open a new document, make it 900 by 500 pixels, make the background black and type your letters in white, make the font size 150. Now press Ctrl+E to reduce the layers to the background.

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**Step Two:** Now go filters => Blur => Gaussian Blur and set it at 1.5.

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**Step Three:** Next we need Filters => Stylize => Solarize. Your text should look like this.

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**Step Four:** Then use image => Adjustment => Channel Mixer and set the values like below.

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Then your text should look like this.

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**Step Five:** Now go Filters => Distort => Polar Coordinates and choose the lower -Polar to Rectangular- radio button.

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**Step Six:** Now go to Image => Rotate Canvas => 90°CCW.

**Step Seven:** Apply Filters => Stylize => Wind - from left – Do this two times.

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**Step Eight:** Then go to image-rotate canvas 90°CW. Now go again Filters => Distort => Polar Coordinates and this time choose the upper -Rectangular to Polar- radio button. And you have the speed text effect!

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